Photo by: Nichola Bradshaw Photography

#### MYERSCOUGH EQUINE HIGHER EDUCATION

NEWSLETTER (JULY 2023)



WHAT HAVE WE BEEN UP TO?

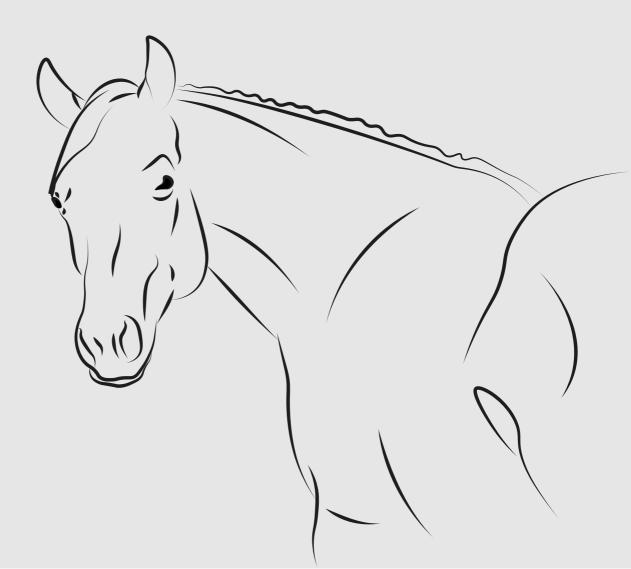




### Welcome.....

As the semester draws to a close, we are reflecting on another fantastic year for Myerscough Equine Higher Education. From trips, to guest lecturers, competitions, events, photography, student successes, conferences, the graduate show case, publications and much more... we have had a fantastic year.

We would like to catch you up on this year's highlights, and also inform you of any essential information you need before you return/start with us in September; so do read on......



#### Where have we been?



Please mind vour head

This year our students have enjoyed a number of trips; including a trip to World Horse Welfare, Your Horse Live, BETA International Trade Fair, the Annual Stallion Parade and a trip to the Stallion AI centre

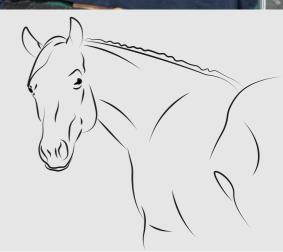


#### STALLION AI SERVICES



#### So where to next....?

Next year we are hoping to continue to take students on lots of trips. We are especially planning a visit to Dublin, to visit the studs and learn more about the breeding industry. This will be subject to numbers so do express your interest to the teaching staff; more information coming soon!



We have had an excellent number of guest speakers this year, including:



Rhea Freeman (Equestrian PR and Marketing)



Claire Akers (Dengie Horse Feeds)

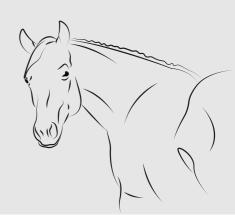




Megan Sullivan (Veterinary Physiotherapist)



Louise Fitton (Ryders Farm Equestrian Centre)





Students enjoyed a talk from International Dressage rider Abi Lyle. Abi talked about her career pathway from start to representing Ireland in Paris Olympics next year.



Gemma Wholley Equine Physiotherapy and Rehabilitation visited our students. Gemma discussed her career pathway with students studying a Professional Practice module. Gemma then joined Management of The Equine Athlete students to discuss the importance of a suitable cool down; Including active range of motion and passive range of motion to prevent injury.



Thank you to Abbey from Equestrian Management Agency for visiting our students to discuss Abbey's career pathway.

The agency focuses on helping athletes careers on a global scale including execute marketing and sponsorship deals



Dressage rider, producer and social media star Harrison Ashton also came to visit us to help our students with their plaiting and presentation skills



Equine Commercial Management and Global Development students had a demo of EC PRO, Equestrian Centre Software. The Equestrian Tech of the Year will be back soon to discuss how the booking, horse care and staff management system was created.



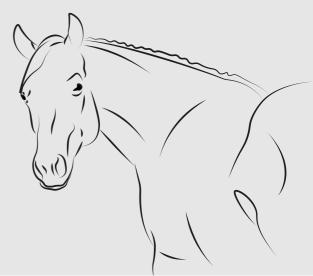
Level 6 students enjoyed a visit from Senior nutritionist Kate Hoare from NAF horse products



Black dog innovations visited to talk to students about the development of their app for equestrians and coaches



Nutritionist Caroline Dickens from Bailey's Horse Feeds visited to talk all things nutrition with the level 4 and level 5 students



#### EQUINE LAW FIRM

Thank you to Hannah from The Equine Law Firm for talking to the students about her personal career path and how the law relates to all aspects of working in the industry.



Thank you so much to Vicky from Equiboodle for giving the students a talk on how her business started and where she sees it progressing in the future. It was clear to see how passionate Vicky was about her products and has inspired students studying Commercial Management and

Global Developments in the Equine Sector with their own projects



And a huge thank you to two of our fabulous graduates, veterinary physiotherapist Megan Sullivan, and jockey Charlotte Jones, for joining our careers fair this year!

It is wonderful to see how well our past graduates doing - a real inspiration to our students!

Thank you also to HAPPA and WHW for showcasing the welfare sector

### Myerscough Equine Department Developments



This year the equine development transformed one of our outdoor arenas. The new, covered arena provides an excellent space for riding, groundwork and other activities (and keeps the rain off)!

### What next?

Watch this space.....

We are now developing a new practical teaching zone and a new rider performance suite....

## Alumni Successes



Our MSc graduate Sue Nixon received a prestigious award for Volunteer of the Year from the British Horse Society! Extract below taken from their Facebook page: Congratulations Sue!

Annual Awards 2022. BHS President Martin Clunes OBE was present to recognise the award winners for their outstanding contribution to the equestrian industry, leading the way as shining examples of humanity, endurance and hard work across safety, education, access and welfare



Congratulations to our graduate Charlotte Jones on winning 'Jump ride of the season'

### **Congratulations!**



More awards!.....It was the turn of the Equestrian world to honour its superstars. How thrilled we were that Myerscough HE Equine's lecturer Jane Weatherall was awarded a top three placing in the "Instructor of the Year" award! Congratulations Jane - you looked fabulous too for your red carpet debut)!



Congratulations to equine practical lecturer Kelly Gill on graduating with her Cert Ed; and for being a prize winner for top student! We are very proud of you Kelly!



Huge congratulations to our HE lecturer Leah Crook on gaining her MSc this year!



This year we say a fond good bye to Jen.

Head of department Jen Greenhalgh has moved to a college nearer to her home, to be able to care for her ailing mum



We are also saying a fond fairwell to Su.

Su Schofield leaves us after 20 years at Myerscough to take up a remote position within a quality assurance team for another institution.



We would like to thank both colleagues for all that they have done for the HE department in their time with us and we wish them the best of success in their new roles.



Congrats!

We are pleased to announce that Leah Crook has been appointed as a permanent full time equine tutor! She is looking forward to teaching you all next

year



### Welcome back!

How time flies....! We can't believe it's been a whole year since Rachel left us for her maternity leave. Rachel welcomed her beautiful Benjamin to the world last summer; isn't he gorgeous! Congratulations to Rachel, James and their family





A huge congratulations to Assistant yard manager Fern Eckersley on the arrival of her beautiful baby Luca James. We are over the moon for Fern and Adam! Luca is absolutely beautiful. Congratulations to you all!







Charlotte Brigden is continuing her amazing dressage run with her gorgeous boy Sydney! Charlotte is regularly training and competing Sydney (British Dressage) is is getting fantastic scores along the way! Her daughter Emily also competes Sydney and is doing brilliantly! Keep up the fantastic work Charlotte!

Lecturer Nichola Bradshaw is also continuing to have some fantastic dressage results with her horse Woody. Nichola is continuously training with Woody and putting in the hard work; to help him transition from show jumper to dressage diva!



## Mell Dowei





### Staff training...

Our equine team (including staff from our equine campus at Croxteth Park) enjoyed a brilliant morning of training with Alison Calvert Dressage. All of our team are continuously working hard to keep our knowledge and industry skills updating. Staff brought their own horses, and some staff let our lovely college horses have a go for the session; all had a fabulous time!





This year we had three of our students present at the Altech Hartpury Research Conference

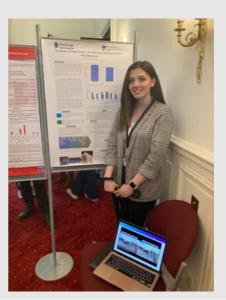
Lecturer Leah Crook presented her MSc dissertation "The Influence of unmounted warm-up and equestrian coaching on horse rider position and horse-rider synergy"





3rd year student (now graduate) Chelsea Hammond presented her BSc dissertation "How does the perception of dominance impact equine training and management?"

3rd year student (now graduate) Jemima Croft presented her BA dissertation "The Effects of Tristan Tucker's TRT Method on the *Equus Caballus* Stress Response"





#### **Publications:**

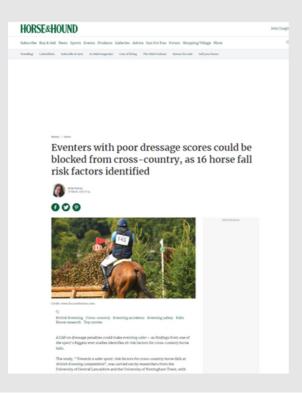
This year we have had two publications from the research of Myerscough students and staff:

### Tutor Charlotte Brigden's collaborative project with University of Liverpool colleagues into horse owners' perceptions of equine wellbeing was published:

Smith, R., Furtado, T., Brigden, C., Pinchbeck, G. and Perkins, E., 2022. A qualitative exploration of UK Leisure Horse Owners' Perceptions of equine wellbeing. Animals, 12(21), p.2937.

## Myerscough PhD graduate Heather Cameron-Whytock and Tutor Charlotte Brigden collaborated with colleagues from the University of Central Lancashire, University of Glasgow and Bristol University to published a study on falls in British Eventing

Cameron-Whytock, H.A., Parkin, T.D., Hobbs, S.J., Brigden, C.V. and Bennet, E.D., 2023. Towards a safer sport: Risk factors for cross-country horse falls at British Eventing competition. Equine Veterinary Journal, 2023: 1-10.



Both papers were highlighted in the Equine Veterinary Education journal as "Highlights of recent clinically relevant papers". The Cameron-Whytock paper also featured in Horse and Hound magazine, showing that the research inspired interest (and debate) in the industry.



Research



#### **National Equine Forum**

Students Jemima Croft and Abbie Mason had a fantastic time at the National Equine Forum

Please have a read of Jemima's wonderful write up (below):

"I was very lucky to be selected this year for the National Equine Forum Student Journalist Apprenticeship in London in March. My best friend Abbie and I decided to make a trip of it and fully embraced the London tourist life! We visited all the sights in one day; Buckingham Palace, Big Ben, Westminster Abbey, London Eye, and our personal favourite - the Household Calvary museum where we got to watch the change over of the horse guards and both wished our own horses would stand that still! We then had dinner that evening with the leading UK experts in the industry, including the CEO's of World Horse Welfare and the BEF as well as Olympians and guest speakers. There were some real thought-provoking, intelligent conversations about equine welfare.

The next day was the NEF conference; Abbie and I were really welcomed into the fold and learnt so much about scientific the most recent and behavioural developments which has been incredibly beneficial for our final year at university. We were also both personally introduced to Princess Anne HRH, who was really polite and took a genuine interest in our passions and interests. My apprenticeship role comes to an end this August when my own article will be published by the NEF; throughout this experience George Crossman and Sarah Shepherd from the NEF have been mentoring me and providing me with expert advice and encouragement. I'd also like to give a massive thank you to Charlotte Brigden for putting me forwards for this being opportunity and so encouraging and understanding throughout. I'd recommend everyone to at least attend the NEF next year either in person or online, and wherever possible - jump at opportunities available. Networking is so incredibly important to build a career in this industry and it's so amazing to learn directly from the people that are making new discoveries!"



## Congratulations on your new roles!

As much as we love celebrating our student's academic successes, we love nothing more than to see them out in the industry and flying high in their new job roles!

Congratulations to graduate Jemima Croft on her new role of 'Marketing and Administrative Manager' at the Northern Equine Therapy Centre

Congratulations to Abbie Mason on her new role of 'Lead Hydrotherapist' at the Northern Equine Therapy Centre

> Congratulations to graduate Alex Baxter on her new role of 'Sales and Marketing Assistant' at Andrews Bowen Ltd

Congratulations to graduate Brooke Needham on her new role of 'Assistant Stable Yard Manager - Maternity Cover' here at Myerscough College. Many of of students continue to work hard at the college, caring for our horses; and as a result often come across brilliant job opportunities here when they graduate



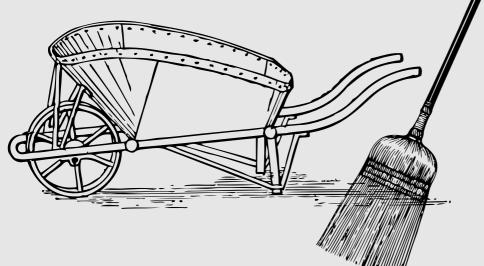


# Yard duty updates

Yard duties and caring for our wonderful horses is at the core of all our equine courses. Time spent on the yards enables you to develop your skills and get to know our horses better. It's also good fun and great team building!

HE students will be carrying out yard duties on Thursdays from 9am-10.30am and 3pm-5pm, with timetabled lectures in between. All students will have a yard induction during induction week to ensure you are all introduced to safe practices around our horses.

You will also be required to carry out weekend yard duties; either a Saturday or Sunday for 8 weeks across semester 1 and semester 2. Dates and more information to be confirmed





# Riding module requirements

Entry requirements onto riding modules: Myerscough College is proudly committed to developing research and embeds this into the Equine Department. Whilst inspiring excellence, the importance of personal health and well-being of students is a clear priority.

Developments in Equitation Science have allowed a recommended scale of rider weight limit to promote horse welfare. In the Myerscough equine department, the maximum carrying weight is individualised to each horse. Some factors taken into consideration include the ability of horse, its type and temperament, plus its condition and age.

Acceptance onto the riding modules is subject to a satisfactory ride assessment undertaken at the start of the course, and maximum weight limit of 14.5 stone. The minimum level requirement for HE level is equivalent to BHS Stage 1 standard. Riding modules are optional or elective modules on all the equine degree programmes, with suitable alternatives provided, and therefore the academic success of non-riding students will not be compromised



## **British Horse Society**



Here at Myerscough we actively encourage all students to take British Horse Society internationally recognised qualifications along side your courses. The qualifications really do help you stand out for a career in the equine inudstry. Visit www.bhs.org.uk for more information

A huge congratulations to the following students for passing their BHS Stage 1 qualification!: Charley Dunleavy Amy Wynn Abi Birch Carys Hughes Maddie Matthews Megan Phillips Adelaide Brown Jodie Askew Natasha Hough Amy Salkeld Hannah Gravener Hannah O-Brien

# Dissertation hand in..

Congratulations to our 3rd years on their dissertation hand ins..

We love to share their brilliant photos from hand in day!



## **Graduation!**

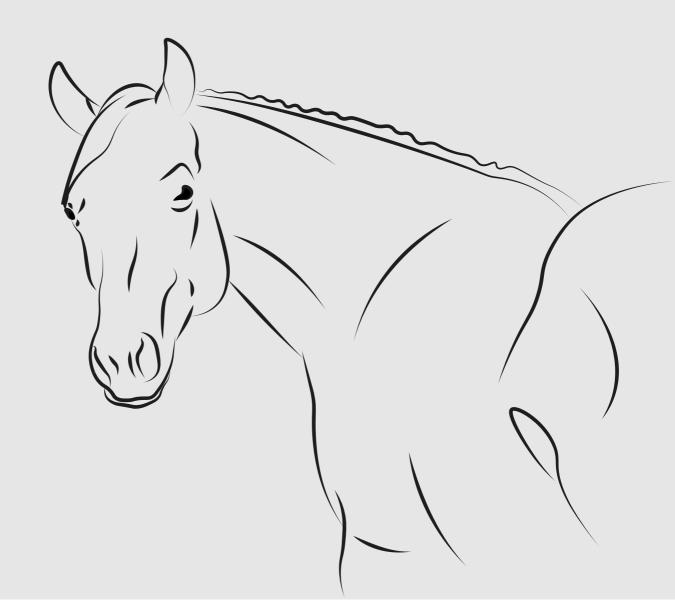
Congratulations to all of our students that have graduated this summer! You have all been brilliant and we wish you every success with your futures!



Photos thanks to: Nichola Bradshaw Photography

### **Course tutors for 2023/24**

Level 6 and 7 (year 3 / MSc): Rachel Clarke Level 5 (year 2): Nichola Bradshaw Level 4 (year 1): Jane Weatherell



### **Tutor contact information**



Charlotte Brigden (Assistant Head of Equine) cbrigden@myerscough.ac.uk



Rachel Clarke (HE Lecturer) rcclarke@myerscough.ac.uk



#### Jane Weatherell (HE lecturer) jweatherell@myerscough.ac.uk



Nichola Bradshaw (HE lecturer) nbradshaw@myersough.ac.uk



Leah Crook (HE lecturer) lcrook@myerscough.ac.uk

### Remembering our Oonagh



The equine team and the equine students would like to pay another special tribute to our wonderful Oonagh. Oonagh is dearly missed every day and we would all like to thank her again for her amazing and lasting impact that she had on us all

We miss you Oonagh



### Thank you for reading!



The equine team and our horses hope that everyone has a lovely summer and we look forward to meeting you all/welcoming you all back next year!